

	I	II	III	IV	V	VI	VII	TOTAL	
	10-20	15-42	11-28	6-14	9-14	5-14	1-12	41-174	<i>Marked</i>
								31-40	
CLINICAL ↑	6-9	9-14	6-10	4-5	7-8	3-4		24-30	<i>Indicated</i>
SUB-CLINICAL ↓	4-5	5-8	4-5	2-3	5-6	1-2		17-23	<i>Elevated</i>
								12-16	
	0-3	0-4	0-3	0-1	0-4	0	0	6-11	<i>Normative</i>
								0-5	

CLINICAL SCALES

I NON-RECIPROCAL	II SOCIAL INSTABILITY / BEHAVIOURAL DYSREGULATION	III EMOTIONAL DYSREGULATION / DISTORTED SOCIAL COGNITION	IV DISSOCIATION / TRAUMA SYMPTOMS	V FOOD MAINTENANCE BEHAVIOUR	VI SEXUAL BEHAVIOUR	VII SUICIDE DISCOURSE	TOTAL CLINICAL SCORE (total score = sum of scale scores)
___ 2. Avoid eye contact	___ 4. Changes friends	___ 12. Distrusts friends	___ 39. Nightmares	___ 19. Eats secretly	___ 83. Forces / Pressures	___ 72. Attempts suicide	___ Scale I
___ 13. Does not cry	___ 8. Thrill seeking	___ 24. Feels victimised	___ 71. Dazed	___ 20. Eats too much	___ 89. Shows genitals	___ 76. Describes method	___ Scale II
___ 14. Does not share	___ 9. Craves affection	___ 33. Peer rejection	___ 74. Real or dream?	___ 28. Gorges food	___ 95. Overly preoccupied	___ 91. Harms self with knife	___ Scale III
___ 15. Affectionless	___ 32. Impulsive	___ 48. Friends against	___ 82. Things aren't real	___ 31. Hides food	___ 96. Age-inappropriate	___ 99. Talks about suicide	___ Scale IV
___ 30. Hides feelings	___ 36. Lacks guilt/empathy	___ 52. Intense anger	___ 85. Panic attacks	___ 54. Steals food	___ 97. Sex with adult	___ 100. Threatens self-injury	___ Scale V
___ 44. Refuses to talk	___ 38. Manipulates friends	___ 53. Startles easily	___ 86. Amnesia	___ 79. Change in eating	___ 103. Touches others	___ 101. Threatens suicide	___ Scale V
___ 46. Resists comfort	___ 40. Possessive	___ 73. Scary thoughts	___ 87. Head-banging	___ 84. Eating binges	___ 104. Tries to initiate sex	___ Total VII	___ Scale VI
___ 50. Alone in the world	___ 41. Precocious	___ 80. Reaction minor event	___ Total IV	___ Total V	___ Total VI		___ Scale VII
___ 66. Uncaring	___ 42. Prefers adults	___ 81. Reaction losing friend					___ Other Items
___ 69. Withdrawn	___ 43. Prefer older youths	___ 90. Reaction to criticism					___ =
___ Total I	___ 44. Refuses to talk	___ 93. Life not worth living					___ Total Score
	___ 45. Strangers as family	___ 94. Feels empty					
	___ Total II	___ 98. Sudden mood change					
		___ 105. Uncontrollable rage					
		___ Total III					

OTHER ITEMS

___ 5. Clingy	___ 63. Role reversal
___ 7. Confused belonging	___ 68. Wary or vigilant
___ 11. Distrusts adults	___ 75. Causes injury to self
___ 22. Fears adult rejection	___ 77. Traumatic memories
___ 34. Fearful of being harmed	___ 78. Does not show pain
___ 51. Seems insecure	___ 92. Rocks back and forth
___ 55. Suspicious	___ 102. Throws self against walls
___ 58. Too compliant	___ Total other items

%ile *	I	II	COMPOSITE	T score *
≥99	17-18	15-16	30-36	≥ 72
98			29	
98	16	14	28	70
97			26	
96	15		25	
96		13	24	
95	13-14		24	
93	12	12		65
92	11		23	
90		11		
88	10		22	
86	9		20-21	
84		10	19	60
82	8		18	
79	7	9	17	
76			16	
73	6		15	
69	5	8	14	55
66			13	
62	4	7	12	
58				
54	3	6	11	
50			10	50
46	2	5	9	
42			8	
38		4	7	
34	1		6	
31		3	5	45
27			4	
≤24	0	0-2	0-3	≤ 43

SELF-ESTEEM SCALES

I NEGATIVE SELF-IMAGE	II LOW CONFIDENCE	COMPOSITE
___ 3. No good at anything	___ 1. Adjusts slowly	___ Total I
___ 6. Not likeable	___ 16. Doesn't speak up	___ Total II
___ 10. Dislikes self	___ 17. Discouraged at home	___ 37. Low self-esteem
___ 21. Fears might do bad	___ 18. Discouraged at school	
___ 23. Feels ashamed	___ 26. Decision-making	
___ 25. Feels worthless	___ 27. Gives up	
___ 29. Low self-opinion	___ 35. Lacks confidence	
___ 49. Says is "bad"	___ 70. Attempt new activities	
___ 56. Others are better		
___ Total I	___ Total II	___ Total COMPOSITE

ID: _____

Young person's name: _____

Year Month Day

Date of Birth: ___ ___ ___

Date of Assessment: ___ ___ ___

Age: ___ ___ ___

Carer's name: _____
(the person who completed the ACA)

Carer's gender: Female Male

Length of time carer has known young person: _____

Carer's relationship to young person

Birth parent

Step-parent

Grandparent

Other relative

Adoptive parent

Foster parent

Group home staff

Large residential staff

Youth worker

Other (describe): _____

Young Person's Care Status

Not in care (resides with parents)

Adoption

Kinship care (resides with relatives)

Permanent or long-term foster care

Temporary or short-term foster care

Group or residential care

Other (describe): _____

Referral Details:

ACA scores should be interpreted and reported by qualified child clinicians.

* Normative profiles derived from a mixed reference group of 105 adolescent females in regular foster care and 66 in Treatment Foster Care